



## Children's Menu

You know your children better than anyone, which is why we have decided to give you complete control on what they eat for the duration of their holiday.

Pick and choose from the following items to build a menu that not only satisfies your want for a balanced and nutritious diet for your child but is also something that they will actually want to eat!! Please note: The menu selection must be the same for all children in the party for each mealtime.

### How it works:

Pick an item from either the Meat and Fish section, OR the Bakes Pasta and Noodles Section.

Then pick 2 accompaniments if you've chosen Meat or Fish, or 1 accompaniment if it's a Bake.

Finally, pick a dessert to go with the meal!

We work on a 5-day catered week, so you've got 5 different menu creations to play with!

It's as easy as **1, 2, 3....**

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## Main Meal

<p><b>Meat and Fish</b> <u>(Choice of 2 accompaniments)</u> Sausages and gravy Beef/Cheese/Vege burger Chicken goujons Mini Steak Fish fingers Steamed cod</p>	<p><b>Bakes, pasta and Noodles</b> <u>(Choice of one accompaniment)</u> Spaghetti Bolognese Macaroni Cheese Fishermans pie Margarita Pizza Chicken and Veg stirfry</p>
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## Accompaniments

<p><b>Carbohydrates</b> Chips Wedges Mashed potato Sweet potato wedges Cous cous Quinoa Rice Plain Pasta Garlic Bread Bread and Butter</p>	<p><b>Vegetables</b> Just Peas Steamed green Veg Sweetcorn Salad Carrots Cauliflower cheese Crudites Battered Onion rings Baked Beans Mushrooms</p>
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## Desserts

Ice cream  
Chocolate mousse with whipped cream  
Natural/Fruit yogurt with Berries  
Chocolate brownie and vanilla ice cream  
Fresh fruit salad  
Strawberries and cream  
Chocolate chip cookies

**We've created a table for you to download and fill in with your menu choices for the week, just click on the link on the menu page of our website to find it!!**

## **This Menu is available for children between the ages of 3 and 14**

**If your child falls either side of this age range, please give us a call to discuss menus and prices.**

Please also let us know at the time of booking if your child has any food allergies, intolerances or severe dislikes, a vegetarian menu is also available on request.

**250€ per Child per Week**